



## ERC Group Fitness Instructor

We are looking for outgoing and energetic people to join our Group Fitness Instructor Team! Prefer candidates with a Health and Wellness related degree or certification but not required. Must prioritize the health and safety of ERC members and willing to be CPR/AED/First Aid certified. Job duties include planning and leading assigned fitness classes, preparing appropriate music, instructing participants on proper technique, cleaning and maintenance of equipment and fitness studio, etc.

- Type: Part-time
- Pay: Non-certified - \$11.00 per hour; Certified - \$12.00 per hour
- Current Opening:  
Fit Forever Fitness Class  
Monday-Friday (Days will be assigned according to your availability)  
9:00am – 10:00am  
Description: This 45-minute class is designed with the active adult in mind. Participants can enjoy the benefits of strong muscles and joints through moderate weight training designed to improve balance, flexibility, joint stability, coordination, muscular strength and support. Please bring a floor mat.
- Perks: Free Use of the Wellness Center and Fitness Studio, flexibility, great patrons and staff, invite your friends to your class, meet new people

To apply, fill out our online application at [emporiarec.org](http://emporiarec.org).