

## COED VOLLEYBALL RULES

**ALL GAMES WILL BE PLAYED AT THE EMPORIA RECREATION GYMNASIUM. POSITIVELY NO SMOKING OR DRINKING IS PERMITTED ANYWHERE IN THE BUILDING. FEES INCLUDE OFFICIALS, GYM RENTAL, AND GYM SUPERVISION.**

### **Rules:**

1. Teams must play with three (3) minimum and no more than six (6). Players present may be two (2) men and one (1) woman or vice/versa. Team receiving the ball for service rotates clockwise on position. **Substitutes will rotate at the center back position.**
2. If there is more than one hit on a side before the ball goes over the net, one of the hitters **MUST BE A FEMALE.** If the ball goes over the net before the female player hits it, a point will be awarded to the opposing team.
3. Men and women will be placed **ALTERNATELY** on the court when six (6) players are present.
4. After the ball has been served, the receiving team may play the ball three times on their side of the net. The ball **MUST GO OVER** on or before the third volley. No one is allowed to strike the ball twice in succession, unless the ball is blocked.
5. For an official game, teams will play a rally scoring match consisting of the best 2 out of 3 games to 25 points, if a third game is necessary it will be rally scoring to 15 points. The winner of each game must win by 2 points.
6. The rally scoring format will include the let serve (when/if served ball hits the net and goes over, it is playable.)
7. Touching the net while the ball is in play will be called a violation.
8. If the ball touches the railing, dividing net, basketball goal, or any other obstruction while the ball is in play, it is a dead ball and a point is awarded to the other team.
9. A coin toss will determine which team serves first. The losing team serves first in the second game after changing sides with the winners. If a third game is necessary, a coin flip will determine who serves the third game.
10. A team must be on the court ready to play at the designated time. If the team is not ready to play at the designated time, it shall lose the first game. If the team is not ready to play 10 minutes after the scheduled starting time, it shall lose the second game.
11. **PARTICIPANTS MUST BE 18 YEARS OF AGE OR A GRADUATION SENIOR TO PLAY IN ANY OF THE LEAGUES. THIS RULE WILL BE STRICTLY ENFORCED.**
12. **THE OFFICIAL HIGH SCHOOL VOLLEYBALL RULES SHALL GOVERN ALL LEAGUE PLAY.**