



## Emporia Super Series of Races 2018

The Emporia Recreation Center is proud to present our third Emporia Super Series of Races! All you need to do is **compete in and finish** 10 of our sponsored races to receive your finisher's medal and t-shirt! We have partnered with nearly 30 local race

directors to help promote and coordinate a race calendar of events held in Emporia during 2018 (see below). We have 5Ks, 10Ks, biking events and triathlons, choose any 10. What a great goal to start the new year! It's time to challenge yourself to do more in 2018! Age or ability doesn't matter- this would be a terrific family challenge. The Super Series promotes a healthier you and a healthier Emporia! The only fee is the cost of each event. Prizes will be awarded in December 2018. Mark your calendars now to help support these events! For more information, call 620-340-6300.

**Registration:** Visit [www.moveemporia.com](http://www.moveemporia.com) to sign up

**Our Awards Sponsor:** Emporia Community Foundation

**Powered by:** Emporia Recreation Commission

**Super Series Directors:** Amanda Gutierrez- Emporia Recreation Commission  
Cassie Crotts- Move, Emporia and Amanda Cunningham

### Super Series Race Dates 2018

February 17- Polar Strut 5K

Special Olympics

March 17- Leprechaun Dash 5K

St. Patrick's Day Committee

March 31- Bunny Hop 5K

Riverside Elementary

April 7- Camp Alexander 5K

Camp Alexander

April 14- Crawl, Walk, Run 5K

Emporia Child Care Center

April 15- Spring Migration Triathlon

Emporia State University

April 28- Nitty Gritty Dirt Dash

Emporia State University

April 29- ERC Birthday Bash 5K and 10K

Emporia Recreation Commission

May 5- Tour de Village 5K and Bike Race

Village Elementary School

May 5 HOTT CincoK

Hispanics of Today and Tomorrow

May 19 Race Against CF

Cystic Fibrosis

May 23- KISS 5K

Keep It a Safe Summer

June 2- DK200 Bike Races

DK Promotions

June 24- Tour de Lyon County Bike race

Team Schnak for Juvenile Diabetes

June 30- Tornado Trot

City of Reading

July 14 Olpe Down Home 5k and Ride

Olpe Park Improvement

July 28- Lunar Kanza Bike Race

DK Promotions

September 8 Holiday Resort 5k

Holiday Resort

September 15- Make a Joyful Noise

New Life Christian Church

September 16 EMS Fun Run, 5k & Half Marathon

EMS PTO

September 29- Move, Emporia 10K

M.U.P.P. Board

October 6 Rush the Rails

DK Promotions

October 27- Trick or Trot (AM)

Emporia Middle School

October 27- Zombie Run 5K (PM)

Emporia Police Benefit Association

November 4- Freedom Fest Bike and Run

All Veteran's Committee

November 22- Turkey Day Dash

Walnut Elementary School

November 27- Candy Cane 2K Fun Run