

Swim Lessons

Parent/Child Aquatics: Familiarizes children between the ages of 6 months and approximately 3 years with the water and teaches swimming readiness skills. Provides safety information for parents and teaches techniques parents can use to orient their children to the water. Parent or caregiver must participate in class with child. **Minimum/Maximum 4/8. Fee: \$22 R/\$25 NR**

- February 5-28 M/W 6:30-7:00 p.m. Registration closes February 1
- April 3-26 T/Th 6:30-7:00 p.m. Registration closes March 29

Preschool Level 1, 2, 3: Familiarizes children approximately 4 and 5 years old to the aquatic environment and helps them acquire rudimentary basic aquatic skills. Helps participants begin to develop positive attitudes and safe practices in and around water. Participants, with assistance, will learn to submerge, blow bubbles, float, glide, swim using arms and legs, begin learning breathing techniques, and changing direction while moving in the water. **Minimum/Maximum 4/6. Fee: \$22 R/\$25 NR**

- February 5-28 M/W 6:30-7:00 p.m. Registration closes February 1
- April 3-26 T/Th 6:30-7:00 p.m. Registration closes March 29

Learn to Swim Level 1 Introduction to Water Skills: Orients participants to the aquatic environment and helps them gain basic aquatic skills. Helps participants begin to develop positive attitudes and safe practices around water. Participants learn to submerge, float, and glide.

Minimum/Maximum 4/6. Fee: \$22 R/\$25 NR

- February 5-28 M/W 7:05-7:35 p.m. Registration closes February 1
- April 3-26 T/Th 7:05-7:35 p.m. Registration closes March 29

Learn to Swim Level 2 Fundamental Water Skills: Builds on the basic aquatic skills and water safety skills and concepts learned in Level 1. Participants learn to move through the water using arms and legs. **Minimum/Maximum 4/6. Fee: \$28 R/\$31 NR**

- February 5-28 M/W 7:05-7:45 p.m. Registration closes February 1
- April 3-26 T/Th 7:05-7:45 p.m. Registration closes March 29

Private Lessons are available for participants 4 years and older. These are conducted at times convenient for the instructor and participant during open swim or multi-use times. You must complete a request form when registering for private lessons.

4-30 minute lessons: \$45 8-30 minute lessons: \$90

