

Emporia Recreation Center



K-1st & 2nd Grade

Basketball Rules

Philosophy

ERC puts participation first and winning second. The following steps make up Emporia Recreation's philosophy.

- Participation-everyone plays.
- Fun- having fun is one of the key points in playing sports.
- Fitness- Exercise is important for EVERYONE.
- Skills- emphasizing the fundamentals.
- Teamwork- focus is placed on cooperation not competition.
- Fair play - focus on respect.
- Family involvement- Coach/spectator involvement.
- Volunteers- coach participation.

Mission Statement

The purpose of the youth sports program is to provide the youth of Emporia and surrounding area with an opportunity to participate in various activities and to:

- Have fun and meet new friends.
- Strengthen a youth's self-confidence and social skills.
- Have opportunity to follow directions, make decisions, and think for him/her-self.
- Play at least half of each game; no tryouts.
- Practice good sportsmanship, cooperation, teamwork, and fair play.

- Family involvement.
- To promote an atmosphere that strengthens family relationships.
- To promote an opportunity for individuals to be of service to other volunteer experience.
- Have the opportunity to be physically active.

*Kindergarten will play with 7ft. goals
 *1st and 2nd grade will play with 8ft. goals
 *A 27.5 junior ball will be used for the game play

Team Organization

- 1.) All boys and girls that sign up through open registration are assigned a team by the Emporia Recreation program staff. Teams are formed based off the grade the child is in. **Note:** The program director has the final authority over team divisions and the number of children placed on each team.
- 2.) All teams in the league are coed.
- 3.) All teams will play 5 on 5.

Time-Outs

- 1.) Each team is allowed 2 time outs per half, 30 seconds each. During each time-out, the game clock will stop for time-outs.

Timing

- 1.) Kindergarten, 1st and 2nd grade league has four 6 min. quarters.
- 2.) At the end of every 3 min. we will have substitutions if needed.
- 3.) Game clock will stop for substitutions and time outs.

Jump Ball

- 1.) There will be a jump ball at the beginning of every game only.
- 2.) Ball possession will then alternate on the quarters following.
- 3.) Jump ball situations during quarters will alternate possession.

Defense

- 1.) A man-to-man defense will be the only type allowed to avoid trapping and to teach individualized defense skills.
- 2.) Stealing is allowed only on the pass.
- 3.) Only one person can guard one person. There will be no trapping allowed anywhere on the court.
- 4.) Defense cannot pick up the offense until they have passed half court.

- 5.) When a defensive player controls the rebound, all other players must immediately fall back to the other end of the court.
- 6.) Each team will be provided wrist bands to wear during play to help match up.

Fouls

- 1.) Once a foul or infraction has occurred, the referee generally will give the ball out of bounds to the team having been fouled after explaining what was wrong with the play.

Coaches

- 1.) Coaches are not allowed on the court except to help players line up when matching defense up.
- 2.) During the game, coaches are allowed to walk the sideline in front of their bench to give positive instruction.
- 3.) At no time are coaches or spectators allowed to stand behind either basket.

