

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Lap Swim 6:00 - 8:00		Lap Swim 6:00 - 8:00		Lap Swim 6:00-8:00		
8:00 am	Joints in Motion 8:00 - 8:45		Joints in Motion 8:00 - 8:45		Joints in Motion 8:00 - 8:45		
9:00 am	Arthritis Aquatic Program 9:00 - 9:45	Aqua Fit 9:00 - 9:45	Arthritis Aquatic Program 9:00 - 9:45	Aqua Fit 9:00-9:45	Arthritis Aquatic Program 9:00 - 9:45		
10:00 am	Silver Dolphins Instruction 10:00-10:45am					Indoor Aqua Fit 10:00-10:45	
11:00 am 1:00 pm	Lap Swim 11:00 - 1:00						
1:00 pm	Arthritis Aquatic Program 1:00 - 1:45		Arthritis Aquatic Program 1:00 - 1:45		Arthritis Aquatic Program 1:00 - 1:45	Private Parties 1:00-2:00	
2:00pm	Open Swim 2:00 - 4:00pm only during scheduled School Breaks					Open Swim 2:00-5:00	
4:30 pm	Lap Swim 4:30 - 5:30					Private Parties 5:00-6:00	
5:30 pm	Aqua Fit	Aqua Beat	Aqua Fit	Aqua Beat	Multi-Use Swim	Open Swim 6:00 - 8:00 0-3 yrs. \$1; 4-15 yrs. \$1.50; 16+ \$2.00	
6:30 pm 7:00 pm 8:00 pm	Open Swim (except during swim lessons) 6:30 - 8:00pm 0-3 yrs. \$1; 4-15 yrs. \$1.50; 16+ \$2.00						

Children MUST be 7 years old to swim without an adult and have a parental form on file. Minimum class size is four participants

ERC Class Pass
(land and aquatic classes)
\$60/22 classes
Lap Swim Pass \$30/22 swims

Children can participate in appropriate aqua classes as long as they can swim unsupported and follow all rules.